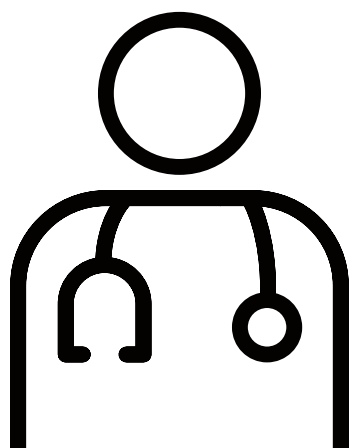
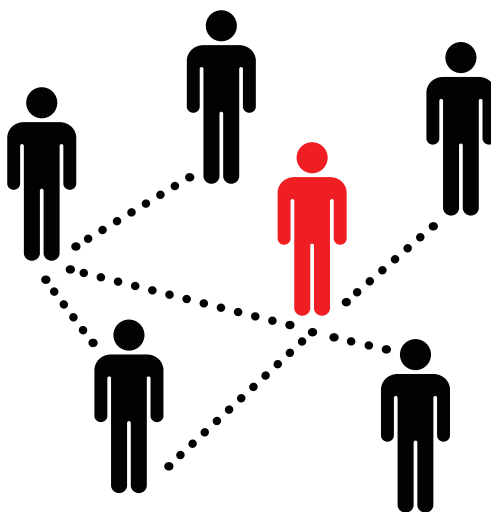


**USCHIA ANS
PROTEGIN NUS.**

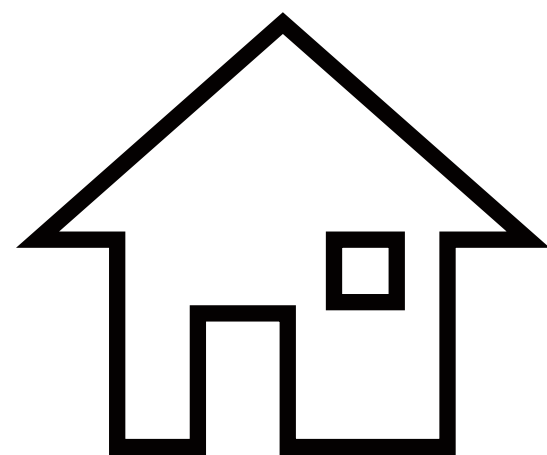
Ussa exnum observar las novas reglas:

✓ Testar

Immediatamain sa laschar
testar e restar a chasa en cas
da sintoms.

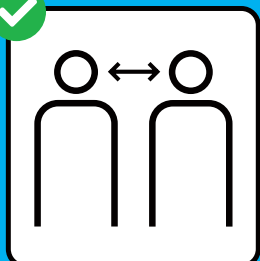
✓ Tracing

Sche pussaivel adina inditgar
las datas da contact per la
retrofastisaziun.

✓ Isolaziun/quarantina

Sch'il test è positiv: isolaziun.
En cas da contact cun ina
persuna infectada: quarantina.

Anc adina Important:



Tegnair distanza.



Recumandaziun:
Purtar ina masci-
na, sch'i n'è betg
pussaivel da
tegnair distanza.



Lavar bain ils
mauns.



Evitar da dar
il maun.



Tusser e starnidar
en in fazelet u
en la foppa dal
cumbel.



S'annunziar per
telefon avant
che ir tar il medi
u a la staziun
d'urgenza.



Sche pussaivel,
lavorar vinavant
da chasa anora.

www.bag-coronavirus.ch



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG
Office fédéral de la santé publique OFSP
Ufficio federale della sanità pubblica UFSP
Uffizi federal da sanadad publica UFSP



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